

4th ANNUAL  OHIO STATE
CHIROPRACTIC ASSOCIATION

CHIROPRACTIC
KEEPS ME MOVING



(Insert Date of Press Release)

4th Annual “Chiropractic Keeps Me Moving” 5K Run/Walk
Coming To (Insert City Here)

(Your City, OH) --- (Office Name) will be hosting the “Chiropractic Keeps Me Moving” 5K Walk/Run on (Insert Race Date) in (City/Location). This race, sponsored by the Ohio State Chiropractic Association (OSCA), raises awareness for the effectiveness of chiropractic care in leading a healthy lifestyle.

Registration for this event is open now through on the OSCA website at <https://www.oscachiro.org/page/virtual5k>. The event costs \$40 per person. Each participant will receive a “Chiropractic Keeps Me Moving” t-shirt.

“Everyone is invited to walk or run this 5k with the OSCA, on the date and at the pace you choose. Get your family, friends, and neighbors involved. And remember - no matter how slow you go you’re still lapping everybody on the couch!” said (full name DC) of (practice name).

If you would like to participate with the (team name), register as a team member at <https://www.raceentry.com/races/chiropractic-keeps-me-moving-virtual-5k/2024/register>

A portion of the proceeds from the race will benefit the Ohio Chiropractic Foundation, which provides scholarships to chiropractic students.

If you have questions about the Chiropractic Keeps Me Moving 5K Walk/Run or would like to donate to the Ohio Chiropractic Foundation directly, please contact Dr. Brandy Spaulding, OSCA Executive Director at 614-229-5290.

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