

## Historical Data Sheet.

1. Describe mechanism of injury in detail.
2. List past medical history. No pain/dysfunction prior to injury. If previous injury, document the diagnosis allowance, document when injury occurred, document duration of treatment, document whether or not a curative status level was reached and documented the period of time the patient has not required treatment.
3. List/date pre-injury status was not obtained.
4. Indicate the degree of permanent partial impairment/total permanent disability. Impairment is defined as an alteration of an individual's health status due to a work related injury or disease.

Impairment is assessed by medical means. According to the Ohio Supreme Court, medical impairment to the amount of the injured workers anatomical and or loss of function caused by the conditions allowed in the claim. It is important to document that as a result of the work related injury, permanent damages or a percentage of permanent damages has been experienced by the patient as a direct result of the work related accident. Permanent damages create the necessity for additional treatment.

5. Lists periods of loss time from work. List that loss time from work has not been necessary as a result of your treatment plan.
6. Document that the patient states that there has been no superseding intervening incidents.
7. List complicating factors: Severity of injury, severity/persistence of symptoms, or degenerative arthritis.
8. Diagnostic testing, results of testing, consultation reports.
9. List treatment goals such as: Maintain/improve functional mobility, pain relief, keep patient reliable in the work force, reduce reliance over-the-counter NSAIDs and pain medications and reduce exacerbation frequency.
10. List at home self management techniques were completed: Home exercises, in office exercises, lifestyle modifications and patient education regarding aspects such as proper lifting.
11. Submit copies of previous in office narrative reports and/or office case notes.
12. State treatment is resultant from residual permanent damages caused by the original work related injury.