



FOR IMMEDIATE RELEASE
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[Ohio State Chiropractic Association “Healthy Me, Drug Free!” Poster Contest for 2021](#)

(Columbus, OH) The Ohio State Chiropractic Association (OSCA), along with OSCA members from around the state, are pleased to announce the new “Healthy Me, Drug Free!” Poster Contest. Created to raise awareness for Ohio’s “Drug Free Pain Management Month,” this contest will run for the month of September and encourage students in grades 4-9 to make a poster on how they keep healthy, without the assistance of drugs.

Posters can include any part of a student’s drug-free health and wellness routine! This includes their favorite healthy activity, things that help keep them drug-free, or any part of their healthy lifestyle they wish to highlight! Rules and requirements for this contest can be found on the OSCA website.

Running for the month of September, this new contest will bring awareness to “Drug Free Pain Management Month.” This month celebrates those health care practitioners who utilize non-drug treatments, while raising awareness of the dangers that prescription drugs can present. This month also celebrates alternative health care options including chiropractic.

The OSCA and Doctors of Chiropractic from around the state are spreading the word and encourage any school to participate! The student who creates the top posters in each category, grades 4-6 and grades 7-9, will win a great prize. The winning school will also win a \$250 Amazon gift card.

For more information, [click here](#) or reach out to the Ohio State Chiropractic Association 614-229-5290 or at osca@oscachiro.org.

The Ohio State Chiropractic Association (OSCA) is the largest state-wide organization in Ohio representing Doctors of Chiropractic. Established in 1968, we currently serve over 800 members. Our mission is to advance the chiropractic profession in the modern healthcare model, advocate for our future, promote unity among all Doctors of Chiropractic, and protect the welfare of the patients we serve.

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