



THE HEARTBEAT OSCA NEWSLETTER

2024
YEAR OF THE DRAGON

JAN 2024

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CERTIFICATION
PROGRAM - LEVEL 2**

**ACUPUNCTURE 200 PROGRAM
FEBRUARY 2**

UPCOMING EVENTS FOR 2024

LICENSE RENEWAL IS JUST AROUND THE CORNER!

All Ohio DC Licensees must earn 36 hours of continuing education credit between the dates of April 1, 2022 – March 31, 2024. This includes two hours on board mandated topics. The only exception to this is newly licensed DCs that received their initial license during the current reporting period. The OSCA has many learning opportunities, online and in person, to provide you with up to date and relevant information to serve your patients and meet your CE requirements.

Scan the QR to find the latest license requirements



BOARD MANDATED TOPICS FOR THE CURRENT LICENSE RENEWAL PERIOD INCLUDE

Boundaries and/or Trauma Informed Care

Human Trafficking Awareness

Laws and Rules of the Board

Dr. Spaulding will be attending the District 13 meeting on January 16 and will be presenting on Laws and Rules of the board. If you are in District 13, plan to attend!

If you have not yet earned your mandated hours and are unable to attend an upcoming event to do so, the Ohio State Chiropractic Board has a free link that will allow you to earn 2 mandated hours. **Click here to learn more,**

AN ALERT FOR OUR MEMBERS



OSCA DOES NOT GIVE OUT YOUR EMAIL ADDRESS TO OUTSIDE BUSINESSES

Sometimes the OSCA becomes aware that a business is marketing their services or products using inaccurate information about the OSCA, or making inaccurate claims about their relationship with the OSCA. ***If anyone claims that we provided them with your email, please know that this information is inaccurate*** and keep that in mind as you consider doing business with the entity.

**PLEASE LET US KNOW IF YOU
RECEIVE ANYTHING THAT SEEMS
SUSPICIOUS SO WE CAN ADDRESS
AND WARN OTHER MEMBERS.**





2024

CGS MEDICARE PHYSICIAN FEE SCHEDULE

On December 23, 2023, CGS Medicare released an updated Physician Fee Schedule for 2024. (OSCA shared this information via email on 1/2/2024). The current fee schedule includes a slight increase in reimbursement from what was announced prior to December 23 so make sure you are looking at the most up to date information.

The current fees still reflect reductions of roughly 3.5-5.5%, 3.5-4.0% impacting codes billed by DCs. These reductions are the result of a decrease to the conversion factor and budget neutrality requirements by federal law.

According to CMS, the Medicare Economic Index – the government measure of inflation in medical practice costs – projects an increase in 2024 of 4.6 percent, the highest this century (on top of last year's 3.8 percent). Additionally, data compiled by the AMA showed that after adjusting for inflation in practice costs, Medicare payments to physicians declined 26% from 2001 to 2023.

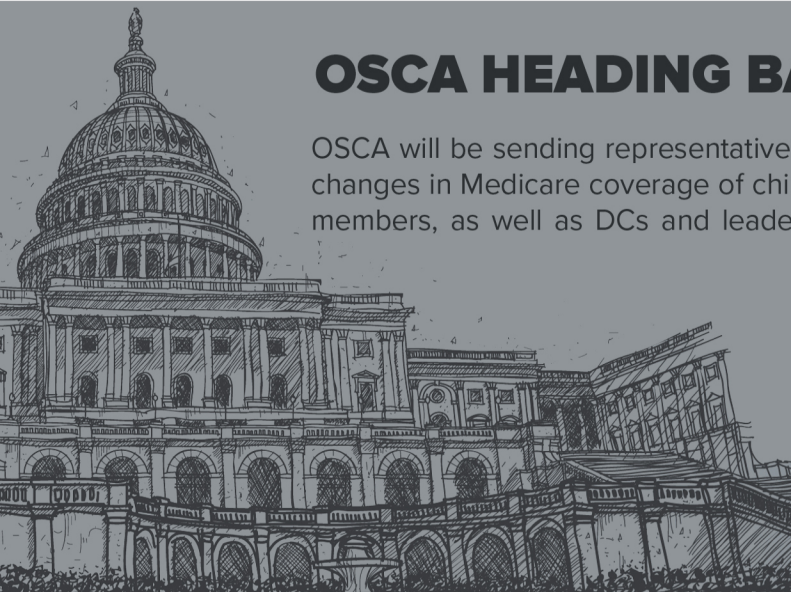
A bipartisan legislative fix to eliminate the cut to the conversion factor – the Preserving Seniors' Access to Physicians Act of 2023 (H.R. 6683) was introduced in December 2023. Co-sponsors have increased to 39, three of which are from Ohio.

The OSCA as well as other state and national organizations are closely monitoring congressional efforts to eliminate this drastic cut. This reduction, especially when combined with medical inflation and economic forces associated with the COVID-19 pandemic, threaten patient access to needed care, as many physicians will have to reduce the number of Medicare patients they see, or even stop seeing Medicare patients altogether.

Ohio's seniors on Medicare deserve better.

OSCA MEMBERS CLICK HERE TO SEE THE FEE SCHEDULE.

OSCA HEADING BACK TO WASHINGTON DC



OSCA will be sending representatives to Washington, D.C. later this month to advocate for changes in Medicare coverage of chiropractic services. They will be joined by other OSCA members, as well as DCs and leaders in our profession from across the country. OSCA meetings with US Representatives and Senators from Ohio will focus on needed changes to Medicare that will improve access to and coverage of chiropractic services for Medicare beneficiaries.

This will also give an opportunity discuss the economic challenges Ohio providers experience while delivering healthcare in the face of ongoing Medicare cuts.

URGENT: SAVE BIG ON YOUR STUDENT LOANS WITH THE ONE-TIME ACCOUNT ADJUSTMENT. DEADLINE EXTENDED TO APRIL 2024!

Great news! The US Department of Education has extended the one-time account adjustment for Federal Student Loans. The deadline is now April 30, 2024. If you have student loans or know anyone who does PLEASE READ. You may be much closer to your loan forgiveness date than you realized, and some will even receive complete debt forgiveness with this one time adjustment. Dr. Jeannette Daneals is one of the many Student Loan Tutor clients that has saved \$400,000 off her student loans.

Don't miss the potential impact of this one-time account adjustment. We highly recommend reaching out to schedule a free evaluation today. Don't wait to ensure you're in the best scenario before the waiver ends. Please note, it could take up to 60 days to get your loans in the right placement, so act now.



PROMOTIONAL INFORMATION BY STUDENT LOAN TUTOR

UPCOMING EVENTS



LUNCH & LEARN SERIES



FEB 7 HOW DOES YOUR OFFICE STACKUP RELATIVE TO HIPAA/COMPLIANCE LAWS? [CLICK TO REGISTER](#)

How Does Your Office Stackup Relative to HIPAA & Other Compliance Laws?

Overview of the HIPAA Law

Examine the requirements relative to a doctors' office under HIPAA and other compliance laws

Review a sample table of contents of a HIPAA manual

Guide doctors through an office 'self-audit' to determine compliance preparedness

MAR 6 LOW BACK PAIN: THE VESTIBULAR SYSTEM AS THE MISSING LINK [CLICK TO REGISTER](#)

Low back pain and poor posture often coexist. The poor posture seen in lower back pain is thought to stem from impaired proprioception in the lower back and other spinal areas. Often overlooked by clinicians is the contribution of the vestibular system to the poor posture observed in low back pain. This webinar will teach you the connection between the vestibular system, poor posture, and low back pain. You will also learn simple exam procedures to identify if the vestibular system contributes to your patient's lower back pain and how to treat it.

SCHEDULED FOR 2024
MORE EVENTS TO BE ADDED

JAN 10-FEB 7

Ohio CA Certification Program- Level 1

2
MAR

**Neuromusculoskeletal
Medicine 10CES**
with Dr. Lehman

2
FEB

**Weekend 2 ONLY
Acupuncture 200: Scalp
and Peripheral Neuropathy
Acupuncture Techniques
2024**

20
MAR

**What you need to know in
2024 to stay compliant
5CES**
with Dr. Ty Talcott - Columbus

10
FEB

**Protocols for Longevity:
Optimizing Healthspan &
Human Performance 8CES**
with Dr. Silverman

21
MAR

**What you need to know
in 2024 to stay
compliant 5CES**
with Dr. Ty Talcott - Dayton

FEB 19-MAR 12

Ohio CA Certification Program- Level 2

21
MAR

**CHIROPRACTIC OFFICE
MANAGEMENT FOR THE
COMPLIANT OFFICE**
LISA MACIEJEWSKI-WEST **6CES**

ACUPUNCTURE 200 WEEKEND 2

FEBRUARY 2, 2024 / COLUMBUS OHIO

ACUPUNCTURE TRACK: SCALP AND PERIPHERAL NEUROPATHY ACUPUNCTURE TECHNIQUES SCALP ACUPUNCTURE

Participants will learn the various forms of scalp acupuncture.

TCM Scalp Acupuncture uses is a projection of cerebro-cortical functional areas of the scalp to treat neurological, musculoskeletal & psychological disorders.

Yamamoto New Scalp Acupuncture (YNSA) is a complete acupuncture microsystem of the scalp utilizing Basic (anatomical) and Ypsilon (channel) points to affect the human body through the bioelectric and biochemical systems, enabling the patient to move toward balance & harmony.

Zhu Scalp Acupuncture is based on theories of TCM, including Yin-Yang, 5-Elements, Zang-Fu, Qi & Blood, and Meridian theory, but incorporates western medical theory in treatment & diagnosis.

Peripheral Nerve Entrapment Syndrome - suited specifically for those who have an acupuncture or dry needling background. Peripheral Nerve Entrapments are common clinical disorders of peripheral nerves that can be either compressive or non-compressive neuropathies. They occur at specific locations, such as where a nerve courses through fibrous tunnels, or penetrates muscles.

Neurological Disorders

We will review treatment patterns for common neurological disorders that may be seen in practice.



FEB 10

PROTOCOLS FOR LONGEVITY: OPTIMIZING HEALTHSPAN & HUMAN PERFORMANCE

W. DR. SILVERMAN

Join us for this dynamic seminar featuring Dr. Robert Silverman, sponsored by Nutridyne! Key clinical takeaways: • Understand new functional strategies for longevity. • Incorporate leading-edge protocols for extending healthspan and longevity. • Identify new targets for interventions to enhance immune function and maintain healthy aging. • Assess intestinal and blood-brain barrier dysfunction for better managing chronic neurological disorders. And more!

[CLICK HERE TO REGISTER](#)



COLUMBUS, OHIO

JANUARY 20-21, 2024 - CONCUSSION BOOTCAMP

with Dr. Matthew Antonucci
Save \$200 using code OSCACB

This 2-day program provides healthcare practitioners with a broad, hands-on, scoping update on diagnosing and managing concussions in the acute and subacute phases and some promising exploratory domains for assessment and rehabilitation.



APRIL 25-28, 2024 - PAIN RESET

Dr. Freddy Garcia
Save \$500 using code OSCAPR250

Pain Reset incorporates neuro-biomechanics, neurological layering, and the latest in pain neuroscience to give you an effective model for treating chronic pain. Leverage the Pain Reset Playbook and the 7-Step Pain Reset Protocol, along with modern physical and neurological examination procedures that will guide you precisely to where you need to focus your treatment.



To learn more: carrickinstitute.com/ohio-chiropractic-association/

FEB 19 THROUGH MAR 12

OHIO CA CERTIFICATION PROGRAM LEVEL 2

Join us for Level 2 of the 3-part Ohio CA Certification Program! This program is meant to be taken in succession with the result of earning an OSCA Ohio CA Certification. You must complete Level 1 prior to attending Level 2. Annual CE requirement to maintain certification: 2 hours Core + 4 hours Specialty = 6 hours annually.

[CLICK HERE TO REGISTER](#)

Birth Announcement

LILLIANA LEE KREUGER

12/27/23

Born to

Nicki Stanley,
OSCA Membership and
Special Events Coordinator



8-HOUR LICENSE RENEWAL SEMINAR

LA PIZZARIA

3656 Dressler Rd NW, Canton OH

Saturday **MAR**
8am-5pm **9th**

LIFETIME WELLNESS CARE

(6CE) presented by Dr Dean DePice

Lunch & snacks included!



- *Evidence based outcomes & chiropractic truth
- *Standards of care - reverse engineered
- *Engagement of wellness care
- *Longevity - our survival plan
- *Tech neck



PILLARS OF PROGRESS

(2CE) Dr Sherry McAllister

ENHANCING PATIENT OUTCOMES
LEVERAGING THE LATEST RESEARCH

some proceeds
benefit F4CP!



\$199 pre-registered by March 2nd (\$225 after)

>> register & pay online at ohiochiro.org/seminar.html